

What parents say...

"Thank you for your help and support and just listening, it helped me more than you will ever know. I am a changed parent in a very positive way and much more confident."

"I feel as though I have come out of a nightmare, I've come to terms with my situation, she was brilliant... it was so simple but it really helped me."

"The volunteer's support has helped me spend some much needed time on the family's needs which have had to take a back seat during my treatment. She's wonderful and we've been able to go through a period of being normal thanks to her."

"We are naturally strong capable people but when we were both floored we needed help, none of the services were there for us but you were and we can never thank you enough."

"I think this service is invaluable, it gave me great strength at a time I was feeling very low."



"I can't describe how wonderful it's been, so heart-warming and helpful. The volunteer has been fantastic and it's made a big difference."

Please return your form to:

Home-Start Aylesbury
8 Temple Square
Aylesbury
Bucks. HP20 2QH

Telephone:
01296 485615

Email:
home-start-aylesbury@talktalkbusiness.net

Web:
www.homestartaylesbury.org.uk

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**Home
START**

Support and friendship
for families

Home-Start Aylesbury

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Home-Start
Aylesbury

**Home
START**
Support and friendship
for families

local
Please support a family.
Make a Pledge and a
Promise now!



**Support for ordinary parents
going through
extraordinary times**

'A Pledge and a Promise'

Being a parent...

Sometimes being a parent is really difficult, especially when children are young. For some parents it's a real struggle because they are also having to cope with difficult situations like post-natal depression, their or their child's illness or disability, multiple birth or relationship break ups. That's when parents need support. That's when Home-Start Aylesbury can help.

Home-Start Aylesbury is a local charity for ordinary parents in Aylesbury Vale who are going through extraordinary times. A carefully selected volunteer is provided who will regularly visit, offering emotional and practical support until the parents and family are back on their feet.

A parent who has received help from Home-Start Aylesbury said *"I remember sitting in the front room, curtains shut as my son was very ill that day, my youngest desperate to get out, my husband at work, feeling like I was sinking in quicksand and so depressed. Just knowing that my volunteer was coming was a psychological life-line. She gave me empathy, adult company, humour, ideas and friendship."*

This family no longer needs a volunteer but there are many others who do.

By making **"A Pledge and a Promise"** you will be supporting a local family through a difficult time.



A Pledge and a Promise

Home-Start Aylesbury is seeking 750 people who will pledge a regular donation of £5.00 per month.

We need regular donations to run our local network of volunteers who provide an emotional and practical lifeline to parents with young children living in Aylesbury Vale.

By making a **Pledge** of a regular donation you are helping to provide a home visiting volunteer to a parent who needs support.

By making a **Promise** to pass on a Pledge and a Promise leaflet to one or more people, you are helping pass the **'Pledge and Promise'** on.

If you think you can help us, simply fill in the form on the right and return it to the address on the back of the leaflet.

For more information about our charity please log onto www.homestartaylesbury.org.uk

Thank you!

The Pledge:

I would like to donate each month:

£3 £5 £10 £ other

The Promise:

Please send me leaflets to pass on.

Name: _____

Address: _____

Postcode: _____

Tel: _____

Email: _____

Standing Order Form

Please pay monthly by standing order:

Name and address of your bank: _____

A/c Name: _____

A/c No: _____ Sort Code: _____

Instruction to your bank: Please pay to NatWest, 60-01-31, 50666835; Ref H-SA

on ___/___/___ the sum of £ _____

Signature: _____ Date: _____

Gift Aid It

I am a taxpayer and I would like all donations I have made since 6 April 2000 and in the future to be gift aided until I notify you otherwise.

